



School Menu for 2024-2025



Haileybury Almaty

1 WEEK

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<p>Oatmeal with granola and grapes – 250g</p> <p>Oatmeal with alternative milk – 250g</p> <p>Omelet with Ricotta cheese – 60g</p> <p>Fitness bar – 1pc.</p> <p>Seasonal fruits – 150g</p> <p>Citrus mix tea – 250g</p>	<p>Rice porridge with coconut milk and raspberries – 250g</p> <p>Rice porridge with vanilla – 250g</p> <p>Cheesecakes with yoghurt and homemade jam – 60g</p> <p>Vanilla croissant – 80g</p> <p>Seasonal fruits – 150g</p> <p>Milk tea – 250g</p>	<p>Corn porridge with salted caramel – 250g</p> <p>Corn porridge with alternative milk – 250g</p> <p>Poached egg with tomatoes/Toast/Lentils in tomato sauce – 150g</p> <p>Seasonal fruits – 150gr</p> <p>Black tea 2– 50g</p>	<p>Barley porridge with apricot – 250g</p> <p>Barley porridge with alternative milk – 250g</p> <p>Flatbread with potato – 80g</p> <p>Cottage cheese casserole with caramel apple and pear – 60g</p> <p>Seasonal fruits – 150g</p> <p>Tashkent tea – 250g</p>	<p>Millet porridge with prunes and creamy mousse – 250g</p> <p>Millet porridge with alternative milk – 250g</p> <p>Scramble with salmon in soy-ginger sauce – 60g</p> <p>Yogurt Danone/Sharman – 1pc.</p> <p>Seasonal fruits – 150g</p> <p>Rosehip tea – 250g</p>
Salad Bar	Fresh vegetables / Greens / Dressings / Sauces Seasonal fruits	Fresh vegetables / Greens / Dressings / Sauces Seasonal fruits	Fresh vegetables / Greens / Dressings / Sauces Seasonal fruits	Fresh vegetables / Greens / Dressings / Sauces Seasonal fruits	Fresh vegetables / Greens / Dressings / Sauces Seasonal fruits
Soups	<p>Tomato cream soup with croutons – 250g</p> <p>Miso soup – 250g</p>	<p>Pumpkin cream soup with pumpkin seeds and cream mousse – 250g</p> <p>Beetroot soup – 250g</p>	<p>Lentil cream soup – 250g</p> <p>Chicken Ramen – 250g</p>	<p>Potato cream soup with turkey jerky – 250g</p> <p>Kharcho soup – 250g</p>	<p>Vegetable cream soup – 250g</p> <p>Fish soup – 250g</p>
Side Dishes	<p>Grilled vegetables – 150g</p> <p>Potato wedges – 150g</p>	<p>Rice – 150g</p> <p>Vegetable stew – 150g</p>	<p>Bulgur – 150g</p> <p>Mashed potatoes – 150g</p>	<p>Rice – 150g</p> <p>Assorted vegetables – 150g</p>	<p>Buckwheat – 150g</p> <p>Ratatouille – 150g</p>
Main Course	<p>Chicken Fajitas – 120g</p> <p>Beef Teppanyaki – 250g</p>	<p>Tikka Masala Chicken – 80g</p> <p>Fried beef dumplings with garlic sauce and herbs – 250g</p>	<p>Turkey in Cream Sauce – 120g</p> <p>Beef kebab with pita and sauce – 100g</p>	<p>Baked salmon – 80g</p> <p>Oriental beef – 120g</p>	<p>Manty with chives and beef – 250g</p> <p>Dapanji (not spicy) – 250g</p>
Drinks, Desserts	<p>Brownie – 60g</p> <p>Hibiscus tea – 250g</p>	<p>Napoleon – 60g</p> <p>Apricot compote – 250g</p>	<p>Chocolate chip cookie – 60g</p> <p>Plum compote – 250g</p>	<p>Berry trifle – 60g</p> <p>Cherry compote – 250g</p>	<p>Eclair with strawberries – 60g</p> <p>Apple and pear compote – 250g</p>

	Monday	Tuesday	Wednesday	Thursday	Friday
Vegetarian/ Dietary	Potato croquettes with mushroom sauce – 250g Breaded Tofu – 250g Steamed chicken – 80g Steamed vegetables – 150g	Hummus with baked vegetables – 250g Courgettes in batter with pumpkin sauce – 250g Steamed chicken steaks – 80g Rice – 150g	Batata Harra with spicy potatoes and chickpea sauce – 250g Pumpkin Pancakes with Broccoli Sauce – 250g Steamed turkey – 80g Bulgur – 150g	Curry with eggplant and tomatoes – 250g Falafel – 250g Steamed salmon – 80g Rice – 150g	Cabbage Schnitzel with Sriracha sauce – 250g Green beans with Shitake and bean sauce – 250g Steamed beef cutlets – 80g Buckwheat – 150g
Bread Table	Rye sourdough bread / Whole grain sourdough bread / Buckwheat bread, gluten-free / Corn bread, gluten-free / Baguette/ Crisp bread	Rye sourdough bread / Whole grain sourdough bread / Buckwheat bread, gluten-free / Corn bread, gluten-free / Baguette/ Dried biscuits	Rye sourdough bread / Whole grain sourdough bread / Buckwheat bread, gluten-free / Corn bread, gluten-free / Baguette/ Crisp bread	Rye sourdough bread / Whole grain sourdough bread / Buckwheat bread, gluten-free / Corn bread, gluten-free / Baguette/ Dried biscuits	Rye sourdough bread / Whole grain sourdough bread / Buckwheat bread, gluten-free / Corn bread, gluten-free / Baguette/ Crisp bread
Pasta Station	Italian durum wheat pasta – 150g Tomato sauce – 100g	Italian durum wheat pasta – 150g Bechamel sauce – 100g	Italian durum wheat pasta – 150g Arrabbiata sauce – 100g	Italian durum wheat pasta – 150g Cheese and cream sauce – 100g	Italian durum wheat pasta – 150g Tomato sauce – 100g
Snacks	Cinnamon Danish – 60g	Croissant with condensed milk – 60g	Chicken and potato pie – 60g	Blueberry muffin – 60g	Quiche Lorraine tartlets – 60g
Sandwich Station	Club Sandwich with Chicken and BBQ Sauce – 50g VEG-Tartine Ratatouill with pepperonata and grilled zucchini – 50g		Tartine with chicken and cream cheese – 50g Caprese sandwich – 50g		Ham and cheese sandwich – 50g VEG sandwich with tomatoes and avocado – 50g
Pizza Station	Pizza Margherita – 80g Pizza Margherita with chicken – 80g	Kumpir with toppings and sauces – 150g	Pizza Margherita New York – 80g Pizza with ham and cheese – 80g	Kumpir with toppings and sauces – 150g	Pizza Margherita – 80g Pepperoni Pizza – 80g

2 WEEK

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Wheat porridge with alternative milk – 250g Wheat porridge with currants – 250g Cottage cheese with homemade sour cream /raspberry /grapes – 80g Chicken Club Sandwich – 60g Seasonal fruits – 150g Lemon tea – 250g	Porridge with fresh plums 250g Porridge with alternative milk – 250g Eggы – 60g Turkey and cheese bagel – 80g Seasonal fruits – 150g Milk tea – 250g	Rice porridge with berry sorbet – 250g Rice porridge with alternative milk – 250g American Pancake with maple syrup and chocolate – 2pcs. Cottage cheese – 1pc. Seasonal fruits – 150g Fruit tea – 250g	Millet porridge with prunes and coconut mousse – 250g Millet porridge with alternative milk – 250g Shakshuka – 60g Pita with salad, vegetables and tuna – 80g Seasonal fruits – 150g Vanilla milk tea – 250g	Oatmeal with alternative milk – 250g Oatmeal with fruit mix – 250g Cheesecakes with peach mousse – 60g French Toast – 80g Seasonal fruits – 150g Tashkent tea – 250g
Salad Bar	Fresh vegetables / Greens / Dressings / Sauces Seasonal fruits	Fresh vegetables / Greens / Dressings / Sauces Seasonal fruits	Fresh vegetables / Greens / Dressings / Sauces Seasonal fruits	Fresh vegetables / Greens / Dressings / Sauces Seasonal fruits	Fresh vegetables / Greens / Dressings / Sauces Seasonal fruits
Soups	Zucchini cream soup – 250g Noodle soup – 250g	Pea cream soup – 250g Borsch – 250g	Spinach cream soup with salmon – 250g Chicken soup with bulgur – 250g	Carrot cream soup – 250g Boz-bash with beef – 250g	Broccoli cream soup – 250g Soup with dumplings – 250g
Side Dishes	Rice – 150g Vegetable sauté – 150g	Baked potatoes – 150g Couscous – 150g	Assorted vegetables – 150g Buckwheat – 150g	Mashed potatoes – 150g Rice – 150g	Buckwheat – 150g Ratatouille – 150g
Main Course	Teriyaki Beef 120g Chicken in coconut-mango sauce – 80g	Chicken Satsivi – 120g Guyru Lagman – 250g	Chinese turkey – 80g Ojakhuri beef – 250g	Fish ball – 80g Beef pilaf – 80g	Chicken Pancakes – 80g Khinkali – 250g
Drinks, Desserts	Snickers (Nut free) – 60g Lemon-mint drink – 250g	Caramel Roll – 60g Strawberry compote – 250g	Shu – 60g Plum compote – 250g	Date dessert – 60g Cherry compote – 250g	Carrot cake – 60g Apple and pear compote – 250g

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Vegetarian/ Dietary	Baked vegetables with tofu and white bean sauce – 250g Yaki Udon with vegetables – 250g Steamed chicken steaks – 80g Rice – 150g	Muffins with vegetables and sweet potato sauce – 250g Glass noodles with vegetables and Thai sauce – 250g Steamed chicken – 80g Boiled couscous – 150g	Spring rolls with vegetables – 250g Zucchini Pancakes – 250g Steamed turkey – 80g Rice – 150g	Carrot cutlets – 250g Curry vegetables – 250g Steamed fish balls – 80g Buckwheat – 150g	Tofu cheesecakes with spinach sauce – 250g Quesadilla – 250g Steamed beef cutlets – 80g Steamed vegetables – 150g
Bread Table	Rye sourdough bread / Whole grain sourdough bread / Buckwheat bread, gluten-free / Corn bread, gluten-free / Baguette/ Crisp bread	Rye sourdough bread / Whole grain sourdough bread / Buckwheat bread, gluten-free / Corn bread, gluten-free / Baguette/ Dried biscuits	Rye sourdough bread / Whole grain sourdough bread / Buckwheat bread, gluten-free / Corn bread, gluten-free / Baguette/ Crisp bread	Rye sourdough bread / Whole grain sourdough bread / Buckwheat bread, gluten-free / Corn bread, gluten-free / Baguette/ Dried biscuits	Rye sourdough bread / Whole grain sourdough bread / Buckwheat bread, gluten-free / Corn bread, gluten-free / Baguette/ Crisp bread
Pasta Station	Italian durum wheat pasta – 150g Tomato sauce – 100g	Italian durum wheat pasta – 150g Bechamel sauce – 100g	Italian durum wheat pasta – 150g Arrabbiata sauce – 100g	Italian durum wheat pasta – 150g Cheese and cream sauce – 100g	Italian durum wheat – 150g Tomato sauce – 100g
Snacks	Lemon pie – 60g	Chicken samosa – 60g	Cherry bun – 60g	Pide with beef and cheese – 60g	Cottage cheese ring – 60g
Sandwich Station	Pizza Margherita – 80g Pizza Margherita with chicken – 80g	Kumpir with toppings and sauces – 150g	Pizza Margherita New York – 80g Pizza with ham and cheese – 80g	Kumpir with toppings and sauces – 150g	Pizza Margherita – 80g Pepperoni Pizza – 80g
Pizza Station	Sandwich roll with crispy chicken and sweet chili sauce – 50g Sandwich with tofu and Chimichurri sauce – 50g		Sandwich with tuna and cucumber – 50g Tapas with mushroom tartare – 50g		Pitta with pastrami and mixed salad and balsamic sauce – 50g Bruschetta with tomatoes, mozzarella and olives – 50g

3 WEEK

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Barley porridge with alternative milk – 250g Barley porridge with pear – 250g Panini with turkey and pickled cucumber – 80g Eggs – 60g Seasonal fruits – 150g Lemon tea – 250g	Corn porridge with raspberries and banana 250g /Corn porridge with alternative milk – 250g Cheesecake with suluguni and herbs – 60g Croque-madame – 80g Seasonal fruits – 150g Fruit tea – 250g	Rice porridge with mango – 250g /Rice porridge with alternative milk – 250g Turkish eggs – 60g Simit – 60g Seasonal fruits – 150g Citrus mix tea – 250g	Oatmeal with alternative milk – 250g Oatmeal with peach and whipped cream – 250g Mini pancakes with caramel, strawberries and jam – 60g Chocolate and cottage cheese soufflé – 60g Seasonal fruits – 150g Orange tea – 250g	Porridge with alternative milk – 250g Porridge with currants – 250g Frittata – 60g Chocolate croissant – 80g Seasonal fruits – 150g Milk tea – 250g
Salad Bar	Fresh vegetables / Greens / Dressings / Sauces Seasonal fruits	Fresh vegetables / Greens / Dressings / Sauces Seasonal fruits	Fresh vegetables / Greens / Dressings / Sauces Seasonal fruits	Fresh vegetables / Greens / Dressings / Sauces Seasonal fruits	Fresh vegetables / Greens / Dressings / Sauces Seasonal fruits
Soups	Beetroot cream soup with horse meat – 250g Fish soup – 250g	Cream soup with red lentils – 250g Kuksi – 250g	Cauliflower cream soup – 250g Chicken soup with Shitake – 250g	Pumpkin cream soup – 250g Beef broth with baked boursaks – 250g	Cream soup – 250g Chicken soup – 250g
Side Dishes	Potato wedges – 150g Buckwheat – 150g	Vegetable stew – 150g Rice – 150g	Buckwheat – 150g Grilled vegetables – 150g	Mashed potatoes – 150g Saffron Rice – 150g	Grilled corn with baby potatoes – 150g Rice – 150g
Main Course	Chicken Karaage with broccoli in caramel sauce 120g Bulgur pilaf – 250g	Dumplings with potatoes – 250g Chicken in Asian sauce – 120g	Cutlets – 80g Latkes with turkey and potatoes – 250g	Turkish Kofte – 80g Chicken Concasse – 80g	Manty with beef and pumpkin – 250g Chicken in Tom Yum sauce – 120g
Drinks, Desserts	Chocolate and banana dessert – 60g Orange drink – 250g	Meringue Roulade – 60g Apple compote – 250g	Black Forest cake – 60g Strawberry compote – 250g	Blueberry dessert – 60g Apricot compote – 250g	Orange cheesecake – 60g Plum compote – 250g

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Vegetarian/ Dietary	Vegetarian manty – 120g Crispy Thai eggplant – 120g Steamed chicken – 80g Buckwheat – 150g	Cabbage schnitzel with Sriracha sauce – 120g Courgettes in batter with pumpkin sauce – 120g Steamed steaks – 80g Rice – 150g	Tofu with curry and vegetables – 120g Potato pancakes – 120g Fish meatballs – 80g Steamed vegetables – 150g	Chickpea pancakes with cauliflower sauce – 120g Eggplant peperonata – 120g Steamed beef cutlets – 80g Rice – 150g	Pancakes with broccoli and lingonberry sauce – 120g Stir-Fry Noodles – 120g Buckwheat – 150g Chicken rolls – 80g
Bread Table	Rye sourdough bread / Whole grain sourdough bread / Buckwheat bread, gluten-free / Corn bread, gluten-free /Baguette/ Crisp bread	Rye sourdough bread / Whole grain sourdough bread / Buckwheat bread, gluten-free / Corn bread, gluten-free /Baguette/ Dried biscuits	Rye sourdough bread / Whole grain sourdough bread / Buckwheat bread, gluten-free / Corn bread, gluten-free / Baguette/ Crisp bread	Rye sourdough bread / Whole grain sourdough bread / Buckwheat bread, gluten-free / Corn bread, gluten-free /Baguette/ Dried biscuits	Rye sourdough bread / Whole grain sourdough bread / Buckwheat bread, gluten-free / Corn bread, gluten-free /Baguette/ Crisp bread
Pasta Station	Italian durum wheat pasta – 150g Tomato sauce – 100g	Italian durum wheat pasta – 150g Bechamel sauce – 100g	Italian durum wheat pasta – 150g Arrabbiata sauce – 100g	Italian durum wheat pasta – 150g Cheese and cream sauce – 100g	Italian durum wheat – 150g Tomato sauce – 100g
Snacks	Carrot cookies	Beef samosa	Chocolate bun	Bagel with cheese	Blueberry Muffin
Sandwich Station	Sandwich with chicken and BBQ sauce – 50g VEG sandwich with hummus and grilled vegetables – 50g		Panini with chicken and cucumbers – 50g Caprese Bruschetta – 50g		Roll sandwich with cottage cheese and salmon tar-tar – 50g VEG sandwich with eggplant curry – 50g
Pizza Station	Pizza Margherita – 80g Pizza Margherita with chicken – 80g	Kumpir with toppings and sauces – 150g	Pizza Margherita New York – 80g Pizza with ham and cheese – 80g	Kumpir with toppings and sauces – 150g	Pizza Margherita – 80g Pepperoni Pizza – 80g

4 WEEK

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Wheat porridge with alternative milk / Wheat porridge with peach and currants – 250g Eggs – 60g Croissant with tomatoes and cheese – 80g Seasonal fruits – 150g Lemon tea – 250g	Millet porridge with apple and caramel / Millet porridge with alternative milk – 250g Chocolate and vanilla cottage cheese casserole – 60g Sandwich with chicken pastrami and crispy iceberg – 80g Seasonal fruits – 150g Fruit tea – 250g	Rice porridge with cranberries /Rice porridge with alternative milk – 250g Pancakes with homemade sour cream – 80g Omelet with Cheddar cheese – 60g Seasonal fruits – 150g Vanilla and milk tea – 250g	Porridge with cherry praline / Porridge with alternative milk – 250g Chef twister with crispy nuggets, green salad, sauce and vegetables – 60g Cottage cheese with yogurt – 80g Seasonal fruits – 150g Black tea – 250g	Oatmeal porridge with dried apricots and figs/ Oatmeal porridge with alternative milk – 250g Omelet with broccoli and cauliflower – 60g Yogurt Danone/Sharman Seasonal fruits – 150g Rosehip tea – 250g
Salad Bar	Fresh vegetables / Greens / Dressings / Sauces Seasonal fruits	Fresh vegetables / Greens / Dressings / Sauces Seasonal fruits	Fresh vegetables / Greens / Dressings / Sauces Seasonal fruits	Fresh vegetables / Greens / Dressings / Sauces Seasonal fruits	Fresh vegetables / Greens / Dressings / Sauces Seasonal fruits
Soups	Carrot cream soup with Pesto sauce – 250g Chicken broth with garlic bread – 250g	Tomato cream soup – 250g Ramen with pastrami – 250g	Vegetable cream soup – 250g Chicken soup with noodles – 250g	Mushroom cream soup – 250g Soup with dumplings – 250g	Potato cream soup with leeks – 250g Chinese soup with starch noodles – 250g
Side Dishes	Rice – 150g Baked vegetables – 150g	Potato – 150g Buckwheat – 150g	Rice – 150g Mashed potatoes – 150g	Rice/Brown rice – 150g Stewed cabbage – 150g	Buckwheat – 150g Potato wedges – 150g
Main Course	Chicken chkmeruli – 130g Beef Tajine – 120g	Meatballs – 80g Chicken Gyoza – 250g	Grilled chicken with Miso sauce – 80g Beef in cheese and cream sauce – 120g	Salmon and cod fricassee in coconut sauce – 120g Dumplings with potatoes – 250g	Besparmak – 250g Chicken nuggets – 80g
Drinks, Desserts	Count's Ruins – 60g Ice tea – 250g	Superman Dessert – 60g Strawberry compote – 250g	Berry jelly – 60g Plum and apple compote – 250g	Toffee Dessert – 60g Apricot compote – 250th	Bird's Milk dessert with mango and peach – 60g Rosehip compote – 250g
Vegetarian/ Dietary	Vegetable paella – 250g Chinese vegetables – 250g Drumstick – 80g Rice – 150g	Potatoes with mushrooms – 250g Assorted seasonal vegetables – 250g Steamed Beefsteak – 80g Buckwheat – 150g	Chickpeas with vegetables and curry sauce – 250g Summer Lasagna– 250g Chicken meatballs– 80g Bulgur – 150g	Burritto with vegetables– 250g Vegetables with Babaganoush sauce– 250g Steamed salmon and pike perch meatballs – 80g Rice – 150g	Vegetarian pasta with vegetables – 250g Lentil and carrot cutlets – 250g Beef – 80g Steamed vegetables – 150g

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Bread Table	Rye sourdough bread / Whole grain sourdough bread / Buckwheat bread, gluten-free / Corn bread, gluten-free /Baguette/ Crisp bread	Rye sourdough bread / Whole grain sourdough bread / Buckwheat bread, gluten-free / Corn bread, gluten-free /Baguette/ Dried biscuits	Rye sourdough bread / Whole grain sourdough bread / Buckwheat bread, gluten-free / Corn bread, gluten-free /Baguette/ Crisp bread	Rye sourdough bread / Whole grain sourdough bread / Buckwheat bread, gluten-free / Corn bread, gluten-free /Baguette/ Dried biscuits	Rye sourdough bread / Whole grain sourdough bread / Buckwheat bread, gluten-free / Corn bread, gluten-free /Baguette/ Crisp bread
Pasta Station	Italian durum wheat pasta – 150g Tomato sauce – 100g	Italian durum wheat pasta – 150g Bechamel sauce – 100g	Italian durum wheat pasta – 150g Arrabbiata sauce – 100g	Italian durum wheat pasta – 150g Cheese and cream sauce – 100g	Italian durum wheat – 150g Tomato sauce – 100g
Snacks	Danish – 60g	Chicken Filorini – 60g	Charlotte pie – 60g	Bun with jam – 60g	Cottage cheese cookies – 60g
Sandwich Station	Club Sandwich with Chicken and BBQ Sauce – 50g VEG-Tartine Ratatouille with pepperonata and grilled zucchini – 50g		Tartine with marinated chicken and cream cheese – 50g Caprese sandwich – 50g		Ham and cheese sandwich – 50g VEG sandwich with tomatoes and avocado – 50g
Pizza Station	Pizza Margherita – 80g Pizza Margherita with chicken – 80g	Kumpir with toppings and sauces – 150g	Pizza Margherita New York – 80g Pizza with ham and cheese – 80g	Kumpir with toppings and sauces – 150g	Pizza Margherita – 80g Pepperoni Pizza – 80g